

## What am I doing here?

Did you ever think to yourself, "what am I doing here?" You look around and you see younger students as classmates, or you look around and you see your friends and family actively living their lives while you are stuck in a book or on a computer. You think to yourself, "what am I doing here?" Well, Louise Hay wrote, "I am in the right place at the right time doing the right thing." I think that's something we need to tell ourselves from time to time.



I know it's easier to not do school. School is hard, it's time consuming, it's frustrating. Think about all the hard things you have already overcome though. Think about the strength you've already shown in your life. Think about the courage it took to start school. Then you can remember what Louise Hay said, and you can say it to yourself, **"I am in the right place at the right time doing the right thing."**

If you need to talk over your goals with someone, drop us a line at [NHTIACE@ccsnh.edu](mailto:NHTIACE@ccsnh.edu).