

The Best View Comes After the Hardest Climb.



Has the climbing been tough?

The midpoint of the semester is here, and you're working hard and might be feeling the path ahead is just too steep. Not only are your assignments getting more difficult, but you and your family might be dealing with colds and flu and unpredictable weather. Spring and the end of the semester seem a long way off, but a few thoughts might help you keep going.

First, remind yourself why you started on this journey to begin with. What is it you hope to accomplish? A new degree or certificate? More opportunities for work or further study? Find a picture of your goal - a graduation cap, your future uniform, a new workplace- and post it where you can see it.

Second, reach out to others for support. Talk with your classmates, your professors, your advisors and those who've already completed your program. They'll remind you that you're not alone in your struggle, that it's all worth it, and that many others have found great success and satisfaction even after feeling overloaded at times.

Finally, remember that your persistence is a lifelong lesson in itself. Practicing persistence makes you more likely to be successful in all the challenges you face, and you'll have the satisfaction of knowing you can stick with yourself and your goals for the long run.

Your time at NHTI is making you a smarter, more persistent and more qualified person, and will give you new opportunities. Need encouragement or a nudge? Contact us at nhtiadvising@ccsnh.edu. The summit is just ahead.