

NHTI Allied Health Requirements

- **Current health insurance requirements:** See attached form.
- **Physical exam:** Must be signed by a physician or nurse practitioner and have occurred within the past year; needed upon entrance or re-entrance into the program
- **Background check:** Completed annually
- **Drug screen:** Annual screening, then random throughout the program
- **Tuberculosis skin test (TST):** An initial 2-step within the past year, then one annually or have TB blood work done. The initial test (step 1) should be planted and read within 48-72 hours. A second test (step 2) should be done 1-3 weeks after the initial test. One TST is required annually after an initial 2-step. Repeat bloodwork will meet the annual requirement. If you have a history of a positive test, you must submit the results and either a clear x-ray (within 5 years) or negative bloodwork. An annual symptom review must be signed for those with a positive history. If bloodwork is submitted year 1, either repeat bloodwork or submit 2-step for the annual requirement.
- **Measles, Mumps, and Rubella (MMR):** Evidence of 2 MMR shots after 1980 or positive measles, mumps, and rubella titers (all 3) are required. If any of the titers are equivocal or negative, you must receive the vaccine.
- **Hepatitis B:** Evidence of immunizations and a positive surface antibody titer. If you have not received the full series or your titer is non-reactive, you must begin a new series (or booster) and repeat the surface antibody titer. If you remain negative after 2 series, you will be considered non-reactive; no further shots are necessary.
- **Varicella:** Evidence of 2 shots or a positive titer is required. If a titer is equivocal or negative, you must receive the vaccine. Confirmation of the disease by a doctor is not acceptable; you must have a titer.
- **Diphtheria/Tetanus:** Immunization within the past 10 years is required, and you must remain current throughout your enrollment. You must have evidence of having had 1 TDAP.
- **CPR:** BLS for Healthcare Provider, or Professional Rescuer CPR from the American Red Cross, American Heart Association or the National Safety Council **only**. CPR is renewed every 2 years and must remain current during your enrollment. CPR that is not acceptable includes but not limited to Heartsaver, Friends and Family, Adult & Pediatric CPR, and online-only programs. If you are not sure, please call your department chair prior to taking a class. Classes are held on campus for your convenience.
- **Flu:** Annual flu shots are mandatory at many facilities and health programs (Nov.–April). It is highly advised to get yearly flu shots while they are easily available, as it is uncertain which facility you may be placed in.
- **COVID-19 vaccinations:** Many clinical sites require full COVID-19 vaccination (boosters are highly recommended). Students participating in clinicals must adhere to the sites' requirements. While these are not college requirements, failure to adhere to the clinical site requirements will result in ineligibility to complete the Allied Health program.

Maintaining and updating immunizations, insurance, and CPR is your responsibility as a student. All changes should be reported to the department chair. Please note that it could take up to 2 weeks to process information for clinical clearances; allow extra time for processing.