



'The Happy Flosser' Podcast

Interested in a dental career? Check out this podcast by NHTI professor Billie Lunt!

'The Happy Flosser' covers a wide variety of information that you can easily review in short sessions. The hope is to help you with some of the basic concepts and challenges that you face as a student in the dental hygiene program and beyond.

This special episode focuses on dental assisting and dental hygiene careers:



The podcast is available for download where you find your favorite podcasts!



Additional Information

- American Dental Assistants Association www.adausa.org
- American Dental Hygienists Association www.adha.org
- American Dental Association www.ada.org

Academic Excellence

NHTI offers the **ONLY** Dental Hygiene and accredited Dental Assisting programs in N.H. providing excellence in dental education.

For additional information on how to apply, visit

NHTI.edu/Admissions

You can also email kobrien@ccsnh.edu and lscott@ccsnh.edu to learn more.

NHTI – Concord's Community College

NHTI is a dynamic public institution that provides creates pathways for life-long learning and career advancement, with 80+ academic programs to 4,600+ students annually. NHTI is a member of the Community College System of New Hampshire and since 1969 has been accredited by the New England Commission of Higher Education, a nongovernmental, nationally recognized accrediting agency.



Could a Dental Career Be Right for You?



Explore Your Options and Learn About the Opportunities Available to You in Dentistry!

What Is a Dental Hygienist?

A dental hygienist is a licensed dental professional registered with a state dental board. They are healthcare professionals who work independently or alongside dentists and other dental professionals to provide full oral health care. They have the training and education to focus on and specialize in the prevention of oral diseases. Dental hygienists also:

- Perform dental cleanings; remove plaque, tartar, and stains from teeth; and provide oral hygiene instructions
- Take x-rays
- Apply fluoride and sealants
- Counsel patients on nutrition for oral health

What Is a Dental Assistant?

Dental assistants are members of the dental team who support the dental operator in providing more efficient dental treatment. Dental assistants provide patients help with oral hygiene skills, prepare the patient for treatment, assist during procedures, record patient notes, and schedule appointments. Dental assistants also:

- Maintain infection control
- Communicate with and calm patients
- After training, perform additional duties such as taking x-rays, polishing teeth, placing sealants, performing fluoride treatments, pouring study models, making temporary crowns, and more!

Additional Dental Careers

Sometimes, it's all about taking the first step on your educational journey. Your dental assistant or dental hygienist training can open many doors!

- Dentist
- Dental lab technician
- Administrative assistant
- Insurance coordinator
- Treatment plan coordinator
- Office manager
- Specialty assistant
- Expanded function dental auxiliary
- Public health hygienist
- Dental sales
- Dental insurance
- Dental educator

Dental Hygiene

NHTI's Dental Hygiene degree gives you the opportunity to analyze health information and provide clinical services to improve oral and overall health. Our students experience high success rates on national board exams, positive interactions with community health agencies, and excellent preparation for clinical practice.



Our curricula provides close clinical supervision with individual and small-group instruction, transferability of general education courses, and integration of current technology into education.

Program: 3 years full-time, 80 credits

Credential: Associate Degree

More Info: NHTI.edu/program/dental-hygiene

Dental Assisting

NHTI's Dental Assisting certificate provides you with the opportunity to offer educational, preventive, and therapeutic services vital to the profession and your patients.



Our graduates experience a high pass rate on the Dental Assisting National Board certification exam. Graduates from NHTI's CODA-accredited program can complete all of the legal functions of a dental assistant in N.H. They are in high demand by dental offices around the state.

Program: 10 months full-time, 42 credits
2 years part-time, 42 credits

Credential: Professional Certificate

More Info: NHTI.edu/program/dental-assisting

Continuing Education

Are you already a dental hygienist or assistant?

NHTI's Business Training Center offers additional training courses to help further your career goals. We have the most comprehensive dental continuing education series in New Hampshire. Courses include:

- Oral Inspection and Infection Control
- Orthodontic Duties for the Dental Assistant
- Caries Stabilization and Dental Sealants
- Dental Assistant Microcredential: for dental assistants with office experience but no formal training
- EFDA: qualifies the dental hygienists and assistants to place, contour, and adjust direct restorative materials

For additional information, visit:

www.NHTI.edu/workforce-development/dental-continuing-education/