

## Health Services

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# NHTI Allied Health Requirements

- **Health Insurance:** Current health insurance requirements as of 2019: <https://www.nhti.edu/campus-life/wellness-resources/health-services/> under the "Insurance" tab
- **Physical exam:** Must be signed by a physician or nurse practitioner and have occurred within the past year. Need upon entrance or re-entrance into the program.
- **Tuberculosis Skin Test (TST):** An initial 2-step within the past year, then one annually or have TB blood work done. The initial test (step 1) should be planted and then read within 48-72 hours. A second test (step 2) should be done 1-3 weeks after the initial test. One TST is required annually after an initial two step. Repeat bloodwork will meet the annual requirement. If you have a history of a positive test, you must submit the results and either a clear x-ray (within 5 years) or negative bloodwork. An annual symptom review must be signed for those with a positive history. If bloodwork is submitted year one, repeat bloodwork or the 2-step must be submitted for the annual requirement.
- **Measles, Mumps and Rubella (MMR):** Evidence of 2 MMR shots after 1980 or positive measles, mumps and rubella titers (all 3) are required. If any of the titers are equivocal or negative, you must receive the vaccine.
- **Hepatitis B:** Evidence of immunizations and a positive surface antibody titer. If you have not received the full series or your titer is non-reactive, you must begin a new series (or booster) and repeat the surface antibody titer. If you remain negative after 2 series, you will be considered non-reactive and no further shots are necessary.
- **Varicella:** Evidence of 2 shots or a positive titer is required. If a titer is equivocal or negative, you must receive the vaccine. Confirmation of the disease by a doctor is not acceptable; you must have a titer.
- **Diphtheria/Tetanus:** Immunization within the past 10 years is required, and you must remain current throughout your enrollment. You must have evidence of having had one TDAP.
- **CPR:** BLS for Healthcare Provider, or Professional Rescuer CPR from the American Red Cross, American Heart Association or the National Safety Council only. CPR is renewed every 2 years and must remain current during your enrollment. CPR that is not acceptable includes but not limited to Heartsaver, Friends and Family, Adult & Pediatric CPR, and online-only programs. If you are not sure, please call Health Services prior to taking a class. Classes are held on campus for your convenience.
- **Flu:** Annual flu shots are mandatory at many facilities and health programs (Nov.–April). It is highly advised to get yearly flu shots while they are easily available, as it is uncertain which facility you may be placed in.
- **COVID-19 vaccinations:** Many clinical sites require full COVID-19 vaccination (boosters are highly recommended). Students participating in clinicals must adhere to the sites' requirements. While these are not college requirements, failure to adhere to the clinical site requirements will result in ineligibility to complete the Allied Health program.
- **Color blind testing:** Paramedics only. May be done for free at Health Services.

**Note:** Maintaining and updating immunizations, insurance, and CPR is your responsibility as a student. All changes should be reported to Health Services. Health Services requires 2 business days to process information for clinical clearances; therefore, you should allow extra time for processing.