



March 3, 2021

## -Women's History Month-

The origin of Women's History Month can be traced back to a woman led protest over working conditions in NYC factories on March 8, 1857. Yet, it wasn't until over a century later, in 1987 that Congress established National Women's History Month in March.

Below are some quick facts related to Women's History Month:

\*\*Wyoming Territory was the first place to grant women the right to vote in 1869\*\*

\*\*Women make up 24% of the U.S. Congress\*\*

\*\*Marie Curie was the first person and only woman to receive two Nobel Prizes\*\*

\*\*Every Women's History Month has a theme. This year it's

"Valiant Women of the Vote: Refusing to be Silenced" which will

focus on women's political involvement and leadership\*\*

\*\*Aretha Franklin was the first woman inducted into the Rock &

Roll Hall of Fame\*\*



#### **UPCOMING EVENTS:**

#### March 5-11th:

Women in History & Gender Equality Movie Viewing. Check out the Gender Equity Toolkit created by Christie Cho, https://nhti.libguides.com/c.php?g=1128246

#### March 8th, all day:

International Women's Day #ChooseToChallengeCampaign

March 12th at 10am:

Let's Talk About It...Women in History

March 24th at 6:30pm:

Gender Equality Trivia Game Night

March 31st at 6:30pm:

Transgender Day of Visibility Panel Discussion

Questions? Contact Sue Krenzien at skrenzien@ccsnh.edu

# NHTI Organization of the Week Cultural Exchange Club

Your Connection to Campus Life

NHTI's Cultural Exchange Club is a student-run organization on campus devoted to exploring issues of culture, language, and diversity. It is open to any NHTI students and faculty members interested in bringing together the diverse cultures of NHTI. Spring is usually the busiest time for the CEC. This spring semester, we have re-started the Conversation Partner Program to help native English speakers and English Language Learners facilitate cultural exchange. On April 6, we are also hosting NHTI's 21st Annual Multicultural Day Event, complete with a virtual fashion and talent show, and PowerPoint slides depicting cultural food, artifacts, and pictures of homelands. We are looking for students, staff and faculty members who would like to be a part of the event-- if you have any talent, or want to share traditional clothing, food, or pictures of where you are from, we want you to be part of our event! Please contact Rhi at rsuarez@ccsnh.edu or Rosie at rhughessmith@ccsnh.edu, co-advisors to the CEC, for more information on how to be involved. Votes will be tallied and the winners announced March 28th at 12pm.

NHTI is preparing for its 21st Annual Multicultural Day! We are actively seeking interested students, staff, and faculty members who would like to share more about the state, territory, or country they are from. Submissions from the U.S. are welcome. Do you have any talents you would like to showcase (singing, dancing, painting, playing instruments)? Would you like to be a part of a virtual talent or fashion show? We want you to be a part of our event! Please contact Rhi at rsuarez@ccsnh.edu or Rosie at rhughessmith@ccsnh.edu for more information.

You can also fill out a sign-up form for the event at the link below and Rosie or Rhi will reach out to you: https://forms.gle/jPuFjRkfevJ8RyTN9

The deadline to sign-up is March 24!



Stressed? Feeling Overwhelmed? Need a little extra support during this time?

NHTI Students have access to BetterHelp - the world's largest online counseling provider.

BetterHelp provides private online access to professional counseling – anytime and anywhere via your smartphone, computer, or tablet.

#### **BetterHelp is FREE to NHTI Students**

For information on how to access BetterHelp contact Student Affairs at NHTIstudentaffairs@ccsnh.edu

### **IMPORTANT NHTI NUMBERS**

**Student Affairs** 

Campus Safety 603-224-3287 NHTI Main Line 603-230-4000

Campus Safety 603-230-4042 (non-emergency)

The Campus Safety Staff at NHTI is committed to the safety and well being of all members of the campus community. The Campus Safety Department operates 24 hours a day, 7 days a week. Officers conduct vehicle and foot patrols on campus and works closely with the New Hampshire State Police and the Concord Police Department. NHTI strongly encourages the reporting of crimes, accidents,

incidents and emergencies.

Health Services 603-230-4043

Title IX Coordinator 603-230-4040

603-230-4040

NHTI Health Services provides a full range of primary care, referral, and educational services at **no cost** to NHTI students. We offer initial diagnosis and treatment for a broad spectrum of illnesses and injuries and appropriate follow-up care.

We are located in the Student Center (SC 103), and are open Monday - Friday, 8:00am - 4:30pm by appointment only.

Wellness Center/Athletics

Counseling
603-230-4043

Academic Center for Excellence

NHTI is committed to providing our students with access to mental health resources. Students at NHTI will now have FREE access to BetterHelp - the world's largest online counseling provider. Eligible students will receive an email inviting them to join BetterHelp at the beginning of each semester. In-person on-campus counseling services will also be available in late February 2021. Contact Counseling for more information on both services.

603-230-4027

603-230-4041