

PRESENTED BY ASB

National Women's Month

Please write a letter to an important woman in your life anytime during the month of March and send it to her to show your appreciation!

Questions? Contact Rhi at
rsuarez@ccsnh.edu

March is national nutrition month, and the Lynx Pantry wants to raise awareness about food insecurity! Food Insecurity is something that many people go through in their lifetime, regardless of race, gender, age. Approximately 38% of college campus students are food insecure. We would like to kick off our food insecurity awareness week by hearing your favorite simple recipes! Follow the link and submit your recipe so we can share it with the NHTI community.



PANTRY RECIPES

It's national nutrition month, and we want to know what your cooking! Send us your favorite simple recipe!

<https://form.jotform.com/210744767522155>

NEWS FROM THE FOUNDATION FOR NH COMMUNITY COLLEGES

Are you shopping? Want to have Amazon make donations for all your purchases automatically? The Foundation's AmazonSmile account is ready!

You can now shop and Amazon will automatically make donations to the Foundation's Scholarship Fund, which awards scholarships to students across the seven colleges. Here's our unique charity link that will take people to smile.amazon.com so you won't have to search for the Foundation:

<https://smile.amazon.com/ch/02-0516490>

You can use this link in all your AmazonSmile shopping and marketing promotions. Every time you shop, they'll make a donation at no cost to you!



The NHTI Department of Residence Life is hiring new staff members. If you are interested in becoming a resident assistant and improving the student experience of those living in residence life, apply in the link above!

Questions? Please email:
nhtihousing@ccsnh.edu



21st Annual Multicultural Day!

We are actively seeking students, staff, and faculty members who would like to share more about the state, territory, or country they are from. Submissions from the U.S. are more than welcome. Do you have any talents you would like to showcase (singing, dancing, painting, playing instruments)?

Please contact Rosie at
rhughessmith@ccsnh.edu or Rhi at
rsuarez@ccsnh.edu for more information

IMPORTANT NHTI NUMBERS

Campus Safety 603-224-3287
NHTI Main Line 603-230-4000

Student Affairs 603-230-4040
Title IX Coordinator 603-230-4040

Academic Center for Excellence 603-230-4027
Wellness Center/Athletics 603-230-4041

Campus Safety
603-230-4042 (non-emergency)

The Campus Safety Staff at NHTI is committed to the safety and well being of all members of the campus community. The Campus Safety Department operates 24 hours a day, 7 days a week. Officers conduct vehicle and foot patrols on campus and works closely with the New Hampshire State Police and the Concord Police Department. NHTI strongly encourages the reporting of crimes, accidents, incidents and emergencies.

Health Services
603-230-4043

NHTI Health Services provides a full range of primary care, referral, and educational services at **no cost** to NHTI students. We offer initial diagnosis and treatment for a broad spectrum of illnesses and injuries and appropriate follow-up care.

We are located in the Student Center (SC 103), and are open Monday - Friday, 8:00am - 4:30pm by appointment only.

Counseling
603-230-4043

NHTI is committed to providing our students with access to mental health resources. Students at NHTI will now have FREE access to BetterHelp - the world's largest online counseling provider. Eligible students will receive an email inviting them to join BetterHelp at the beginning of each semester. In-person on-campus counseling services will also be available in late February 2021. Contact Counseling for more information on both services.