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## Four NHTI Alumni Recognized in YSCC Men's Basketball Twin All-Decade Team

CONCORD — On Tuesday, the Yankee Small College Conference (YSCC) announced the Men's Basketball Twin All-Decade Team featuring four NHTI Alumni. Ahntwan Harris, Chris Lawes, Matt Spanos, and J'Quavious Thurmond were honored for their remarkable play at NHTI.

"This Amazing group of NHTI recipients. Every athlete has had an incredible career playing and leading our teams in many ways", said Paul Hogan, Athletic Director and Men's Basketball Head Coach at NHTI. "I want to send congratulations to each player and to thank them for their many contributions our fine college and athletic program."

Ahntwan Harris came to NHTI back in 2012 and brought tremendous talent to the Lynx men's basketball team immediately. Harris was a highlight reel player posterizing defenders and stepping back and hitting 30-footers. Harris finished his 31-game career averaging 18.7 points, 5.2 rebounds, 1.6 blocks and 1.4 steals per game. In 2012-13 Harris was named a USCAA 1<sup>st</sup> Team All-American as well as being named a YSCC 1<sup>st</sup> Team All-Conference member. In 2020 Harris was inducted into the NHTI Hall of Fame for his athletic contributions.

Chris "Speedy" Lawes spent four years at NHTI playing basketball and was a key member of the USCAA National Championship Team in 2005. Lawes always found the open teammate while locking up the best guard on the other team. Lawes was a USCAA First Team All-American and was named to the USCAA All-Tournament Team in 2005 and in 2006. Over his career Lawes averaged 14.3 points,

5.8 assists and 3.6 steals per game. In 2019 Lawes was inducted into the NHTI Hall of Fame as part of the inaugural class.

Matt Spanos was a quiet leader for the NHTI men's basketball team during his tenure. Spanos was a versatile scorer being able to knock down threes at a high level as well as scoring consistently from the inside. Spanos will be remembered most at NHTI by being named the MVP of the USCAA National Championship Tournament and helping NHTI capture the first national championship for basketball in the state of New Hampshire. In his career Spanos averaged 12.8 points, 6.8 rebounds and 2 blocks per game.

J'Quavious Thurmond came to NHTI in 2016 and made an impact right away on the basketball floor. Thurmond in his career registered 1,725 points, 912 rebounds, 347 assists and 208 steals with an average of 16.9 points, 8.9 rebounds, 3.4 assists and 2.0 steals per game. Thurmond was a three-time USCAA 1<sup>st</sup> Team All-American, three-time YSCC 1<sup>st</sup> Team All-Conference, the 2018 YSCC Player of the Year and a three-time YSCC Champion. Thurmond completed his career in miraculous fashion helping the Lynx win the 2020 USCAA National Championship while being named the MVP for the USCAA National Championship Tournament.

The YSCC will be continuing to announce twin all-decade teams all year long with volleyball next to be announced.

For the latest information on NHTI Athletics follow the Lynx via social media on Facebook (NHTI Athletics), Instagram (nhtilynxathletics) and Youtube (NHTI Lynx Athletics).

### **NHTI – Concord's Community College**

NHTI is a dynamic public institution of higher learning that provides accessible, rigorous education for students, businesses, and the community. We create pathways for lifelong learning, career advancement, and civic engagement, offering 90+ academic programs to 4,600+ students annually. NHTI is a member of the Community College System of New Hampshire and since 1969 has been accredited by the New England Commission of Higher Education, a nongovernmental, nationally recognized accrediting agency.

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