

At the age of 16, Nick Scott was an ordinary teenager with an interest in athletics, when a near fatal traffic accident changed life as he knew it...forever. After the accident, Nick became overweight and discouraged, but somehow found the determination, mindset, and personal strength to transform his life from a debilitating tragedy into a personal triumph. Now he uses those hard-won insights to help others awaken the beast within themselves and achieve their personal goals.

NHTI is committed to providing our students with access to mental health resources. Students at NHTI will now have FREE access to BetterHelp - the world's largest online counseling provider. Eligible students will receive an email inviting them to join BetterHelp at the beginning of each semester. In-person on-campus counseling services will also be available in late February 2021. Contact Counseling for more information on both services.