

"It's Ok to be Different"

At the age of 16, Nick Scott was an ordinary teenager with an interest in athletics, when a near fatal traffic accident changed life as he knew it...forever. After the accident, Nick became overweight and discouraged, but somehow found the determination, mindset, and personal strength to transform his life from a debilitating tragedy into a personal triumph. Now he uses those hard-won insights to help others awaken the beast within themselves and achieve their personal goals.

Join professional speaker, bodybuilder, author, wheelchair ballroom dancer, and personal trainer, Nick Scott, in hearing his incredible story.



Tuesday, February 9 at 1:00pm Zoom link: https://ccsnh.zoom.us/j/95274622354

It's All About the Lynx!! - Upcoming Calendar Events -

Thursday, February 4

3:00pm James Robilotta- Leading Through Uncertainty How to crush the semester with Authentic Leadership. Register below: https://us02web.zoom.us/meeting/register/tZII dO6rqzkrG9ZObVZmfkcSNnoIWrrr4fQ9

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NHTI Organization of the Week Phi Theta Kappa (PTK) National Honor Society

Students are invited to join PTK when their accumulated GPA is 3.5 or greater. Just recently 342 students were invited to join PTK as a result of their stellar fall semester grades. PTK students can choose to be involved in honors study projects and research. They can also choose to participate in club meetings. Our next club meeting is scheduled for February 8th at 5:30pm (via Zoom).

PTK members have these benefits (at not additional cost beyond the initial \$95 lifetime membership fee):

Access to thousands of dollars in scholarship money that is made available to only PTK members. PTK awards up to \$90 million dollars in scholarships. In fact, the NHTI PTK club started a scholarship last year and has awarded two \$250 scholarships so far.

Professional development opportunities only available to PTK members.

PTK Edge Series:

Employment Edge- self-paced professional development course with a primary focus of preparing participants to successfully enter the workforce. It provides coaching on the actions participants need to take to achieve employment success.

Transfer Edge - Transfer Edge is a self-paced, interactive online course to prepare students of all backgrounds to successfully transfer from a two-year college to a four-year college.

Competitive Edge- self-paced professional development course that teaches students essential workplace skills. Students will learn how to think critically, advocate for themselves, communicate effectively, operate as part of a team, and conduct themselves professionally in the workplace.

Research Edge- self-paced, interactive curriculum that 0 teaches students the basics of academic research.

Leadership Studies- This dialogue-based program applies leadership to a combination of classic cases, leadership profiles that include writers and historians, TED Talks, podcasts, film studies and experiential exercises.

All PTK members graduate with distinction. Not only will the graduation booklet indicate honors distinction, diplomas will also have the PTK Gold Seal on it, and NHTI transcripts will also note Phi Theta Kappa International Honor Society membership. All members receive a Golden Key membership pin and a frame-able membership certificate. The only requirement of PTK members is to maintain at least a 3.0 GPA.

This last year, the PTK Chapter at NHTI established a scholarship, which has already awarded two scholarships. Additionally, the Chapter kicked off an effort to measure diversity and ensure inclusivity in NHTI clubs.

PTK Advisor:



In honor of Black History Month, we share with you a wonderful Antiracism Toolkit. Thank you to Christie Cho of NHTI's Learning Commons for creating this incredible resource.

Click the link below to begin exploring and learning: https://nhti.libguides.com/antiracismtoolkit

> ... The new dawn blooms as we free it. For there is always light, if only we're brave enough to see it, if only we're brave enough to be it. Excerpted from 'The Hill We Climb' By Amanda Gorman

Trish Dionne, tdionne@ccsnh.edu

Chapter officers include: President, Jasmine Taylor Vice President, Shoghy Ngoy Treasurer, Connor Safstrom

IMPORTANT NHTI NUMBERS						
Campus Safety	603-224-3287	Student Affairs	603-230-4040		demic Center for Excellence	603-230-4027
NHTI Main Line	603-230-4000	Title IX Coordinato	or 603-230-4040		Ilness Center/Athletics	603-230-4041
Campus Safety			Health Services		Counseling	
603-230-4042 (non-emergency)			603-230-4043		603-230-4043	

The Campus Safety Staff at NHTI is committed to the safety and well being of all members of the campus community. The Campus Safety Department operates 24 hours a day, 7 days a week. Officers conduct vehicle and foot patrols on campus and works closely with the New Hampshire State Police and the Concord Police Department. NHTI strongly encourages the reporting of crimes, accidents, incidents and emergencies.

NHTI Health Services provides a full range of primary care, referral, and educational services at no cost to NHTI students. We offer initial diagnosis and treatment for a broad spectrum of illnesses and injuries and appropriate follow-up care.

Walk-in Hours 8am-4:30pm Monday-Friday and 8:30am-6:00pm on Tuesday or by appointment. We are located in the Student Center (SC103).

NHTI is committed to providing our students with access to mental health resources. Students at NHTI will now have FREE access to BetterHelp - the world's largest online counseling provider. Eligible students will receive an email inviting them to join BetterHelp at the beginning of each semester. In-person on-campus counseling services will also be available in late February 2021. Contact Counseling for more information on both services.