

Interim COVID-19 Pandemic Travel Guidance for Employees and Vendors

The purpose of this document is to provide NHTI's faculty, staff and onsite vendors current travel guidance and restrictions as established by the current Center for Disease Control and Prevention (CDC) guidance and the New Hampshire Department of Health and Human Services (NHDHHS) guidance updated on Nov. 12, 2020.

Faculty, staff and onsite vendors should be aware that with the high levels of new infections of COVID-19 worldwide and domestically, travel results in high risk of COVID-19 exposure. Different types of travel and activities (e.g., travel on public transportation, travel on cruise ships, interaction with large groups of people, etc.) increases a person's risk of COVID-19 exposure, regardless of the ultimate destination.

NHDHHS travel guidance and [NH Safer at Home Universal Guidelines](#) state that the following individuals should quarantine upon arrival in New Hampshire:

- If traveled on nonessential travel in the previous 14 days under any of the following conditions:
 - Have traveled within the U.S. outside of New England regardless of the mode of transportation.
 - Have traveled internationally.
 - Have travelled on a cruise ship; cruise ships include any type of cruise ship regardless of location (i.e. riverboats, lake cruises, ferry's, etc.).
- Essential travel may include travel for personal safety, medical care/medicine, care of others, parental shared custody, and food or beverage. Delivering or picking up a student from an institution of higher learning is also high-risk, as is visiting institutions of higher learning as potential future students or traveling for work. This does not include travel outside of New England states for personal or leisure reasons.
- Employees shall report travel and adhere to the CCSNH Temporary Coronavirus Workplace Policies last updated Aug. 27, 2020:
 - Business travel shall be limited to the New England states. Business travel outside of the New England states will not be permitted unless such travel is deemed essential. Employees are expected to review out-of-state business travel plans with their supervisor to determine the business need and the risks associated with transmission of COVID-19 at the time of the anticipated travel.
 - Employees planning personal travel internationally, by cruise ship, or outside the New England states should consider the impact that the 14-day quarantine will have on their ability to work upon returning from such travel. "Employees who report ... that they have recently traveled internationally, by cruise ship or outside of New England will not be allowed to perform on-site work."
 - NHDHHS guidance recommends that businesses minimize the risk of an employee being exposed to COVID-19 and subsequently introducing COVID-19 into the workplace by discouraging personal social or family gatherings where unrelated individuals, or people who are not immediate close household contacts of each other, are gathering indoors and in close contact with one another.

NH Safer at Home [Amateur and Youth Sports](#) specific guidance updated Nov. 5, 2020, states:

- Staff, athletes, and volunteers that have traveled in the past 14 days who meet the previously described travel criteria and additionally who have travelled outside of NH, VT, or ME on public transportation (e.g., bus, train, plane, etc.) will be prohibited from participating.
- “No teams/groups/athletes other than from New England are allowed at the competitive sporting events, training sessions, or practices in New Hampshire.” There are limited exceptions to this requirement.

NHDHHS guidance on travel related quarantine:

- Faculty, staff, and onsite vendors must self-quarantine for 14 days from their return from travel but do not need COVID-19 testing unless they develop COVID-19 symptoms.
- Faculty, staff, and onsite vendors have the option of shortening their travel-related quarantine by getting a test **on day 7** of their quarantine for active COVID-19 infection. This test must be a PCR-based test; a rapid (antigen) test is not accepted for this purpose. **If the test is obtained on day 7 of quarantine, the person is asymptomatic, and the test is negative, the person can end their quarantine early.**

In preparation of travel plans, it is recommended to check specific travel restrictions for destinations. While New Hampshire currently allows travel from other New England states, certain states require overnight visitors from New Hampshire to self-quarantine upon arrival. States and districts that currently require this for N.H. residents include Alaska, Connecticut, New Jersey, New Mexico, New York, Vermont, and Washington D.C. For information and links to specific state health departments, see the [CDC public health gateway](#)

This below information for students is included as informational. Students are provided this information separately.

- Students are required to adhere to all New Hampshire travel guidance as stated above.
- Students are required to:
 - If living on campus, quarantine in the designated quarantine residence hall per self-quarantine guidance.
 - If living off campus and attending in-person classes, events, or activities, do not come to campus per self-quarantine guidance.
 - Report travel related information directly to the NHTI Campus Safety Department. If a student communicates travel information with faculty, Residence Life staff, and/or Athletics Coach, this information shall be forwarded to NHTIcampussafety@ccsnh.edu

Additional CDC travel information can be found at <https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.html>

NHTI leadership will be communicating additional guidance as the situation changes or as new guidance is established.

If you should have any questions about travel requirements for employees, contact:

- During normal business hours: Susan Makee at 603-230-4122 or at smakee@ccsnh.edu .
- After business hours and on weekends: NHTI Campus Safety at 603-230-4042 or at NHTIcampussafety@ccsnh.edu

Updated: Nov. 16, 2020