



We are all teachers. We are all learners.

Important Conference Information

We are looking forward to you joining us at the 2nd **Annual Mindfulness in Society Conference** on **Friday, September 13, and Saturday, September 14**, at NHTI, Concord's Community College.

Directions & Parking

NHTI is located at 31 College Drive in Concord, NH. Check-in/Registration, food and beverage, the bookstore and the raffle table will all be located in the Student Center. There is ample parking adjacent to the building. Conference signs will be posted.

From Points North or South

I-93, Exit 15 East to I-393 to Exit 1 and follow signs.

From Points West

I-89 to I-93 North to Exit 15 East to I-393 to Exit 1 and follow signs.

From Points East

Route 4 to I-393 to Exit 1 and follow signs.

Registration

There are no refunds once registration has been completed. If you are unable to attend and want to transfer your registration to another individual, please contact us so that we can update the registration information. Make sure to bring the enclosed ticket with you to the conference for registration purposes.

Accessibility & Dietary Needs

If you require special accommodations in order to attend and enjoy the conference or have special dietary needs, please be sure to indicate that on the registration form. We will try to accommodate all requests.

Recording of Workshops

The presenters have requested that no video recordings be done during the conference. However, audio recordings are permitted as long as there is no interference with the flow of the workshop.

Book Sales

Books on mindfulness and other related topics, written by Mindfulness in Society conference speakers and sponsors, will be available for sale throughout the day. Book sales will be managed by our local Gibson's Bookstore. Cash, credit cards, and checks will be accepted.

Raffle

A raffle of gift baskets, gift certificates, and books, to benefit the President's Fund for Excellence, will take place during Registration/Continental Breakfast and Lunch time periods. Tickets are cash only, and winners will be posted prior to the Bonus Session/Q&A.

Mindful Movement and Meditation

During the registration/continental breakfast and lunch time periods, "Mindful Movement" mini yoga sessions and meditation sessions will be offered on a first-come, first-served bases. You do not need to pre-register for these.

Beverages

In order to reduce waste and our impact on the environment, we ask that you bring a reusable water bottle and/or travel mug. There are water refilling stations throughout the campus and individual beverages provided with continental breakfast and lunch will be limited.

Wi-Fi Availability

There is free Wi-Fi available throughout campus for your use while attending the conference. Please remember to silence your mobile devices for all sessions.

Comfort

As it is difficult to make temperature adjustments in the individual workshop rooms, please dress in layers to make sure you are comfortable and can enjoy the sessions.

Sharing Table

A sharing table will be available on Friday and Saturday on which anyone can place literature, flyers, brochures, etc. to share with other attendees. This table will not be staffed and all materials left on the table at the end of the conference on Saturday will be recycled.

Schedule Changes

In the event that a speaker is unable to attend due to unforeseen circumstances, every effort will be made to find a replacement. If that is not possible, the conference schedule will be adjusted accordingly to insure attendees have an enjoyable experience.

Hotel Discounts

Special conference rate of \$102 is available at the Courtyard by Marriott for Friday, September 13, and Saturday, September 14, for conference attendees. Limited rooms are available – book early. The hotel is located at 70 Constitution Avenue, Concord, NH 03301. Reservations can be made by calling the hotel directly at (603) 225-0303.

If you have any additional questions, please feel free to contact us at **(603) 230-4001**.

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