Jennifer Kemp Memorial Scholarship

This scholarship is named in memory of Jen Kemp, a graduate of the Sports Management program who worked in the NHTI Athletics/Wellness Center Office. She passed away unexpectedly in 2004. The scholarships will be awarded twice a year (spring and fall semesters) to qualified students who demonstrate strong academic skills and leadership potential, while also being active in campus life and community service at NHTI.

A minimum of three $500 scholarships will be awarded each semester. The NHTI/Northeast Delta Dental Road Race is the primary fundraiser for this scholarship. Since the inception of this scholarship, over $10,000 has been awarded to deserving NHTI students helping to make a difference.

Criteria include:

- Must be enrolled full-time in a matriculated program at NHTI, with preference given to Sports Management students;
- Minimum 2.5 grade point average at NHTI;
- Student must complete an application and a 500 word essay explaining why he/she should be considered for this scholarship.

Applications and essays should be submitted to Professor Paul Hogan on or before December 1 (for spring awards) and June 1 (for fall awards) for review by the awards committee.

Applications at nhti.edu/admissions/financial-aid under Scholarships.

2014 Quonquer the Quad Sponsors

The 2014 Quonquer the Quad Sponsors includes:

- Fun Intelligent Training
- NHTI Dining Services
- Joe King’s Speedy Printing & Copying
- Paul Hogan Basketball & Soccer Camps
- CitySide grille

There is still time to be a Sponsor in 2015

Contact Paul Hogan, NHTI Athletic Director at (603) 230-4041 or phogan@ccsnh.edu

Directions:

From Points North or South
I-93, Exit 15 East to I-393 to Exit 1, follow signs

From Points West
I-89 to I-93 North to Exit 15 East to I-393 to Exit 1, follow signs

From Points East
Route 4 to I-393 to Exit 1, follow signs

Proceeds benefit the NHTI Jennifer Kemp Memorial Scholarship

COURSE DESIGN BY NHTI’S CROSS COUNTRY COACH TOM WALTON WITH INPUT FROM ERIC MARSH OF FUN INTELLIGENT TRAINING AND NHTI DIRECTOR OF ATHLETICS PAUL HOGAN.
WHAT IS IT?

Utilizing the NHTI Campus, “Quonquer the Quad” is a team fitness challenge to raise funds for the NHTI Jennifer Kemp Memorial Scholarship. Course design by NHTI’s Cross Country Coach Tom Walton with input from Eric Marsh of Fun Intelligent Training and NHTI Director of Athletics Paul Hogan. It is comprised of numerous events created to give your body and mind a full work out, while testing your will and determination.

“Quonquer the Quad” continues to grow in popularity. In 2015 there will be course “heats” and feature 20+ obstacles and events (including new ones). Tasks may range anywhere from a rope climb and tire flip, to balance beams and barrel rolls. It will also mix in some mental puzzles along the way to give your brain a cramp as well. For planning purposes, the course will be approximately one hour for teams to complete.

Starting and ending in the NHTI quad, the challenge will take you around the NHTI campus and is sure to provide a good workout for your body and mind. While it may be a race, and only the top 3 teams will receive prizes, the main goal of the event is to have fun and promote a healthy lifestyle.

Come join the fun and claim YOU “Quonquered the Quad!”

WHAT YOU NEED TO KNOW

- Must be 18+ years of age. (Please note: A valid legal form of ID will be required at registration.)
- Pre-registration is encouraged as space is limited to 40 teams.
- Participants 12 - 17 years of age are welcome and will need a parent or guardian’s signature on the waiver and must be on the parent or guardian’s team.
- NHTI Student teams are welcome.
- Teams are comprised of 4 people and each team either 3 males/ 1 female or 3 females/ 1 male.
- Each participant must fill out their own waiver form.
- Groups should have a Team Name. It is recommended teammates come dressed alike.
- Event Day registration and check-in begins at 8 am, and will be located in the NHTI Student Center.
- Walk-ins and late registrations should contact Paul Hogan prior to the race on availability.
- Event begins and ends on the Quad. Three heats to choose from 9 am, 9:30 am, and 10 am
- Compete for prizes, the top 3 teams will win prizes
- Post-event awards and food celebration.
- Kid’s Challenge up to age 12 after the race!

Register online today at nhti.edu/quonquerthequad! The first 10 teams will receive event t-shirts!

GREAT PRIZES FOR THE TOP 3 TEAMS & SPECIAL PRIZE FOR TOP ALL STUDENT TEAM!*  
(*minimum requirement of five teams registered)

“Quonquer the Quad”

Mail in registration form or register online at nhti.edu/quonquerthequad

Online registration at nhti.edu/quonquerthequad will close on Friday, September 25th at 3 pm

Make checks payable to: NHTI, Concord’s Community College. Send to: NHTI, Attn: Paul Hogan, Athletic Director, 31 College Dr., Concord, NH 03301.

Last Name: ____________________________  First Name: ____________________________

City, State: ____________________________  Zip: ____________________________

Phone: (___) ________ - ______________  Email: ____________________________

DOB (MM/DD/YYYY): ______ / _____ / __________

Heat Choice:  □ 9 am  □ 9:30 am  □ 10 am

Gender:  □ Male  □ Female

T-shirt size (adult):  □ S □ M □ L □ XL □ XXL

(First 10 teams registered will receive “Q the Q” t-shirts)

Team Name: ____________________________

Release and Waiver (unsigned waivers will be rejected): I hereby, for myself, my heirs, executors, and administrator, waive and release any and all rights and claims for damages I may have against the sponsors, coordinating groups, and any individual associated with the “Quonquer the Quad” Team Fitness Challenge, their representatives, successors, and assigns, and will hold them harmless for any and all injuries suffered in connection with this event. I attest that I am, or will be, at least 18 years of age on the day of the event, and that I am physically able to compete in this event. Further, I hereby grant full permission to any and all of the foregoing to use my likeness in all media including photographs, pictures, recordings, or any other record of this event for any legitimate purpose.

Participant’s Signature: ____________________________

Parent/Guardian Signature if participant is 12 - 17 years of age:

Date (MM/DD/YYYY): ______ / _____ / __________

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*minimum requirement of five teams registered*