



NHTI

Concord's
Community College

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FOR IMMEDIATE RELEASE

Friday February 29th, 2008

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Capital Area Race Series (CARS) begins March 29th

This series will consist of the following 5 road races:

- the Gilmanton 5K (March 29),
- the SEA 5K (April 5),
- the NHTI/Delta Dental 5K (April 25),
- the Canterbury Cross-Country Challenge (May 10), and
- the Bill Luti 5 Miler (July 19).

The series is sponsored by Dick's Sporting Goods and Delta Dental. Cash prizes will be awarded to the top five male and female finishers. For more details contact NHTI cross country coaches Perry Seagroves (pseagroves@ccsnh.edu) or Tom Walton (twalton@nedelta.com).

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